



# Morning Announcements: Elementary School

By Gina Mennett Lee, M.Ed.

**Food Allergy Awareness Week is the second week in May. These morning announcements are a quick and easy way to help raise awareness at school.**

**Monday:** This week is Food Allergy Awareness Week. Each day, we will be sharing information and facts about food allergies. Did you know that a person can be allergic to any food? The top 8 foods that children are allergic to are: milk, egg, peanuts, tree nuts, shellfish, fish, wheat and soy.

**Tuesday:** Do you know someone with a food allergy? You can help keep him or her safe by washing your hands after eating and never sharing your food.

**Wednesday:** If a friend with food allergies doesn't look well or feel well, it is important tell an adult immediately.

**Thursday:** Food allergies are serious. Please be kind to your classmates with food allergies.

**Friday:** Make sure to include your friends with food allergies in class, at lunch and recess, and outside of school too. They want to be a part of the fun, just like you!

Morning announcements, written by Gina Mennett Lee, M.Ed. originally appeared on FoodAllergyEdNetwork.org in 2012.

© 2014, Mennett Lee, LLC All Rights Reserved